Lakota Tree Ceremony

At South side of Tree wait for emerging of tree’s pulse and your pulse

Invite tree. Ask Tree “Will you dance with me?”

If feeling of yes – proceed.

If no – go to another tree.

Turn South of the Tree and ask it, “Who am I?”

Turn left to the West of the Tree and ask it, “What is my purpose?”

Listen- Take note.

Turn right towards the North. Ask the Tree, “Where am I going?”

Then turn East and ask, “What else is there you want me to know?”

Turn back to the South side of Tree and give an offering – spit, hair, stone or feather.